



Problem

- Most people lack a sense of fulfillment and purpose in life.
Some people need extra motivation to carry out a new routine.
The increase in mobile usage and the steep decline in computer usage.

Solution

- Use a point based system to track user progress for selected activities.
Offer users the chance to communicate with life coaches to share their daily progress.
Develop Life Management mobile application.

Current System

Life Management 1.0 was developed as a website. For the 2.0 version the transition to mobile systems is crucial because a large population owns a smart phone. Most of the activities on our app are outdoors, so keeping track of their progress is easier with their phones than with a computer.

Requirements

- Users can discuss with a life coach about their progress towards achieving their goals.
Users can view their current progress for a certain emotion.
Users can select activities that bring out the best in their personality.
Users can set goals for each of the activities selected for the new cycle.
Coaches can respond and view progress of any user if requested by user.

Screenshots



Image 1 - Sign In Screen

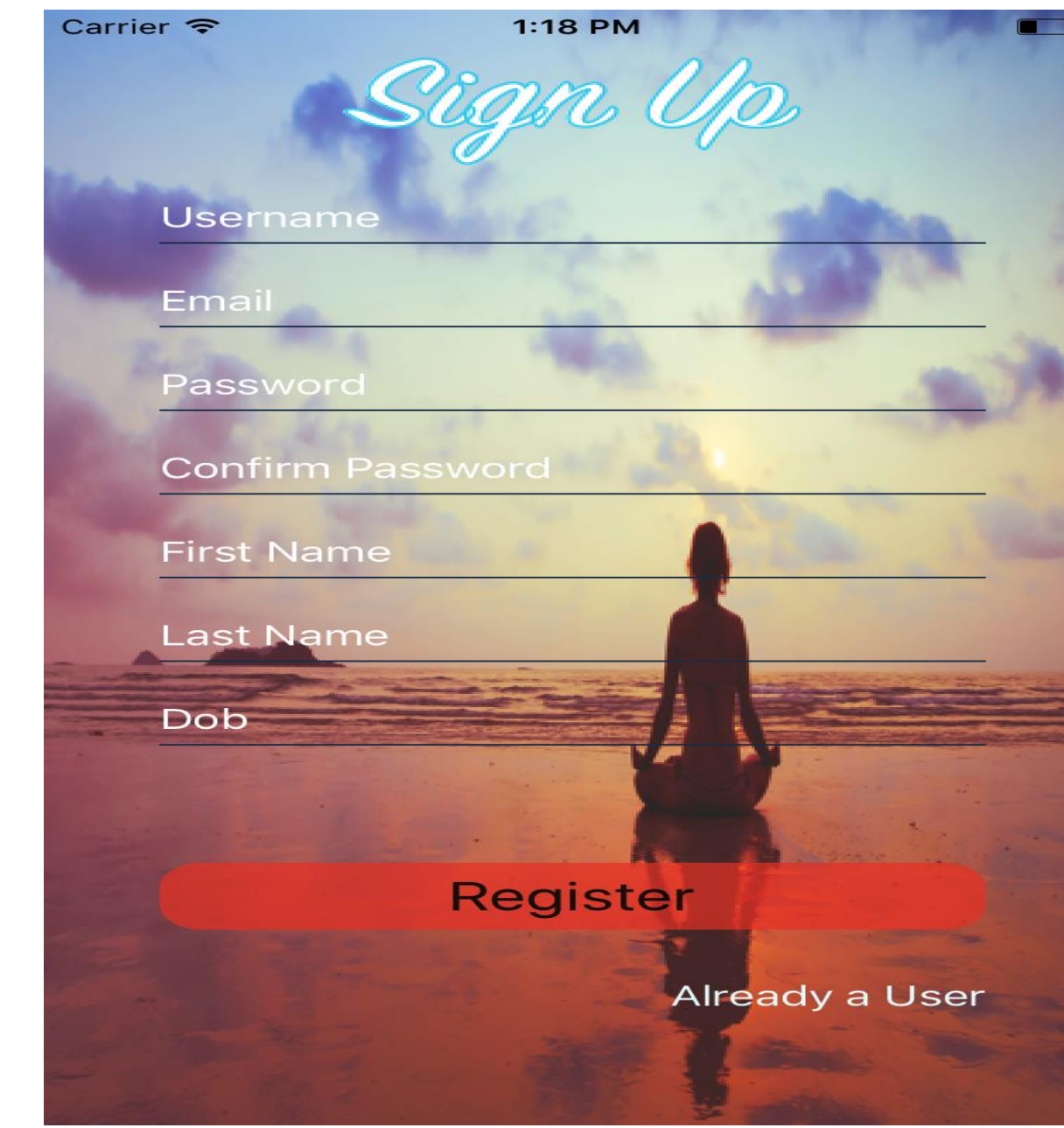


Image 2 - Registration Screen

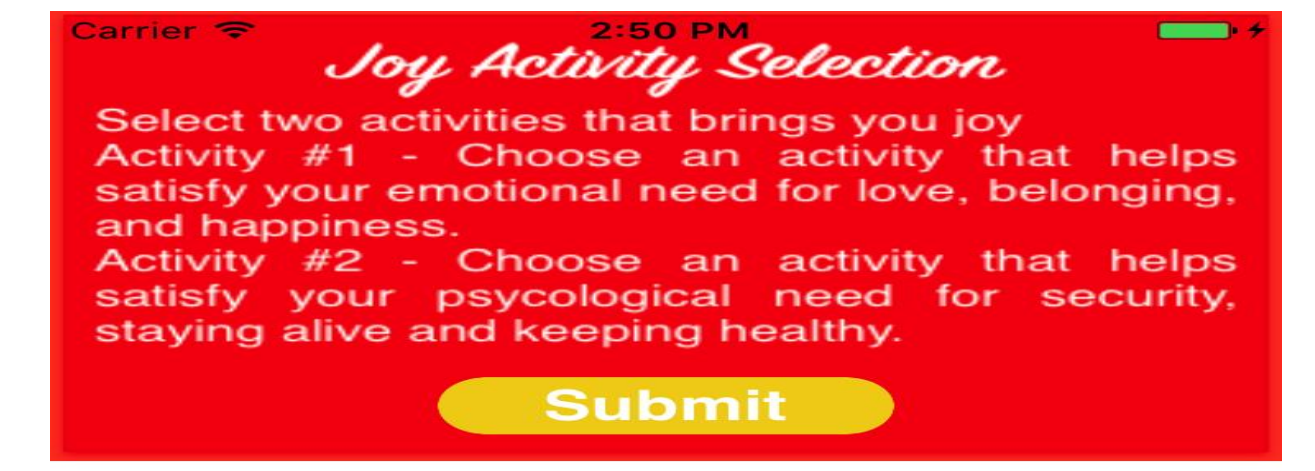


Image 3 - Activity Selection Screen



Image 4 - Progress Dashboard Screen

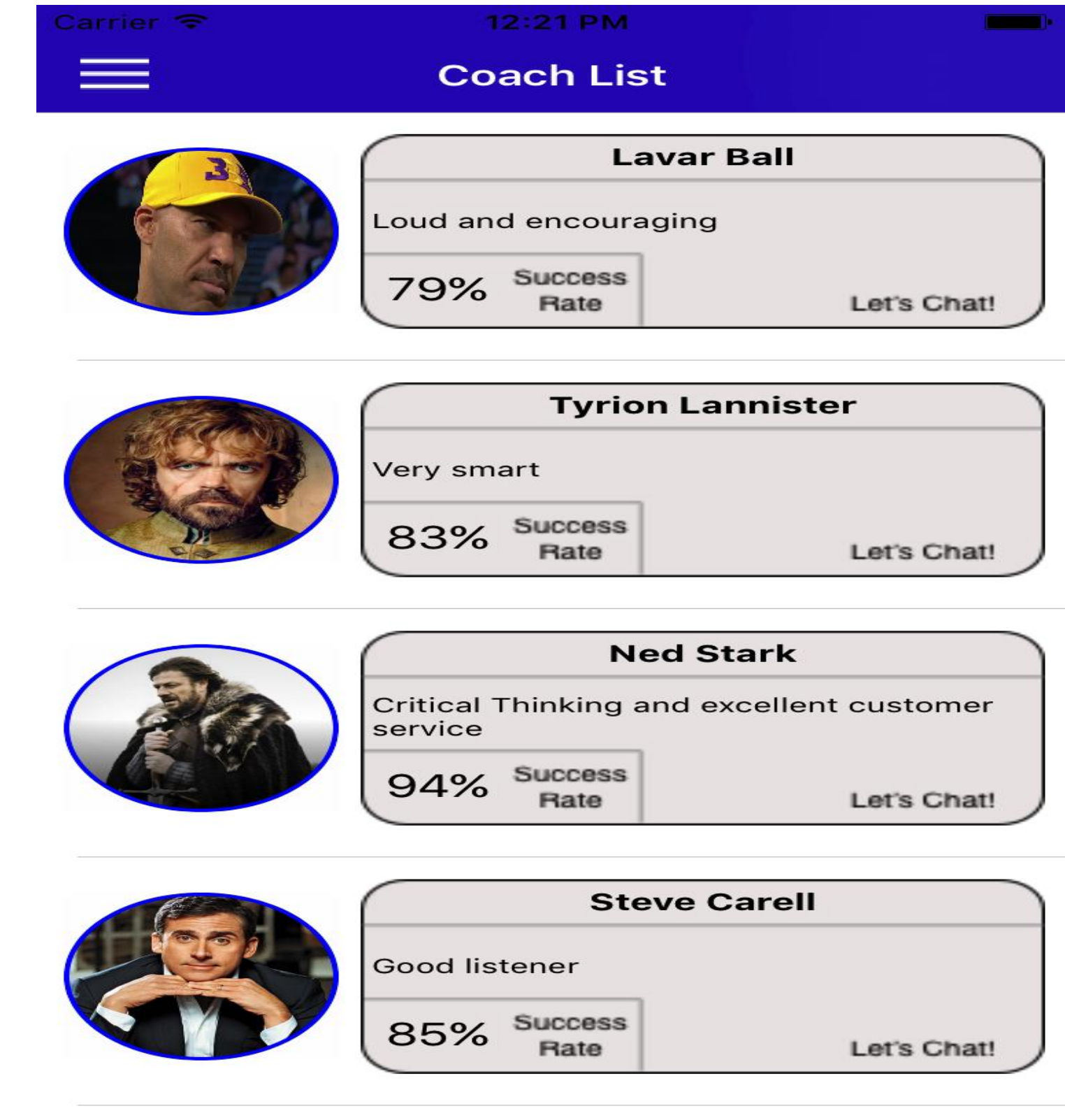
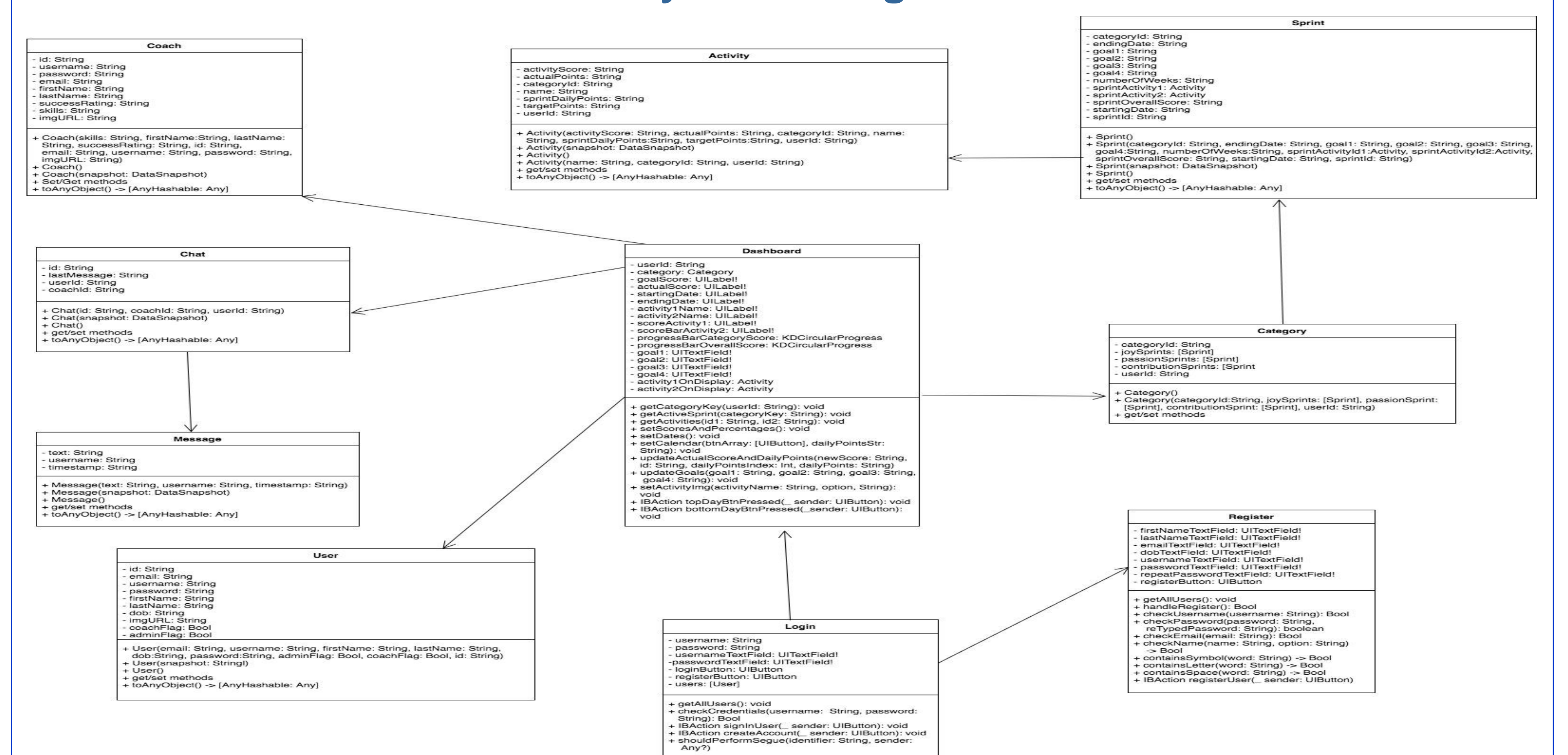


Image 5 - View Coaches List Screen

System Design



Implementation

- Firestore used for NOSQL storage management.
The application was implemented using XCode and server side too.
Git was used for source control.
Agile organizational schemas in Mingle.
Sketch for design of some UI elements and screen designs.

Summary

- The rise in mobile usage, led to the transition of Life Management to cellphones.
With the help of life coaches, people can achieve their life goals.
Users can track and update their daily progress at the palm of their hands.

Acknowledgement

Poster content is based on Life Management 2.0, a project that was completed thanks to the collective efforts of Lazaro Fernandez (team member), Natalia Filippova (team member), Ranjeet Deshmukh (mentor), and Ravi Kiran (contributor).